

Do You Know the Health of Your Family Tree?

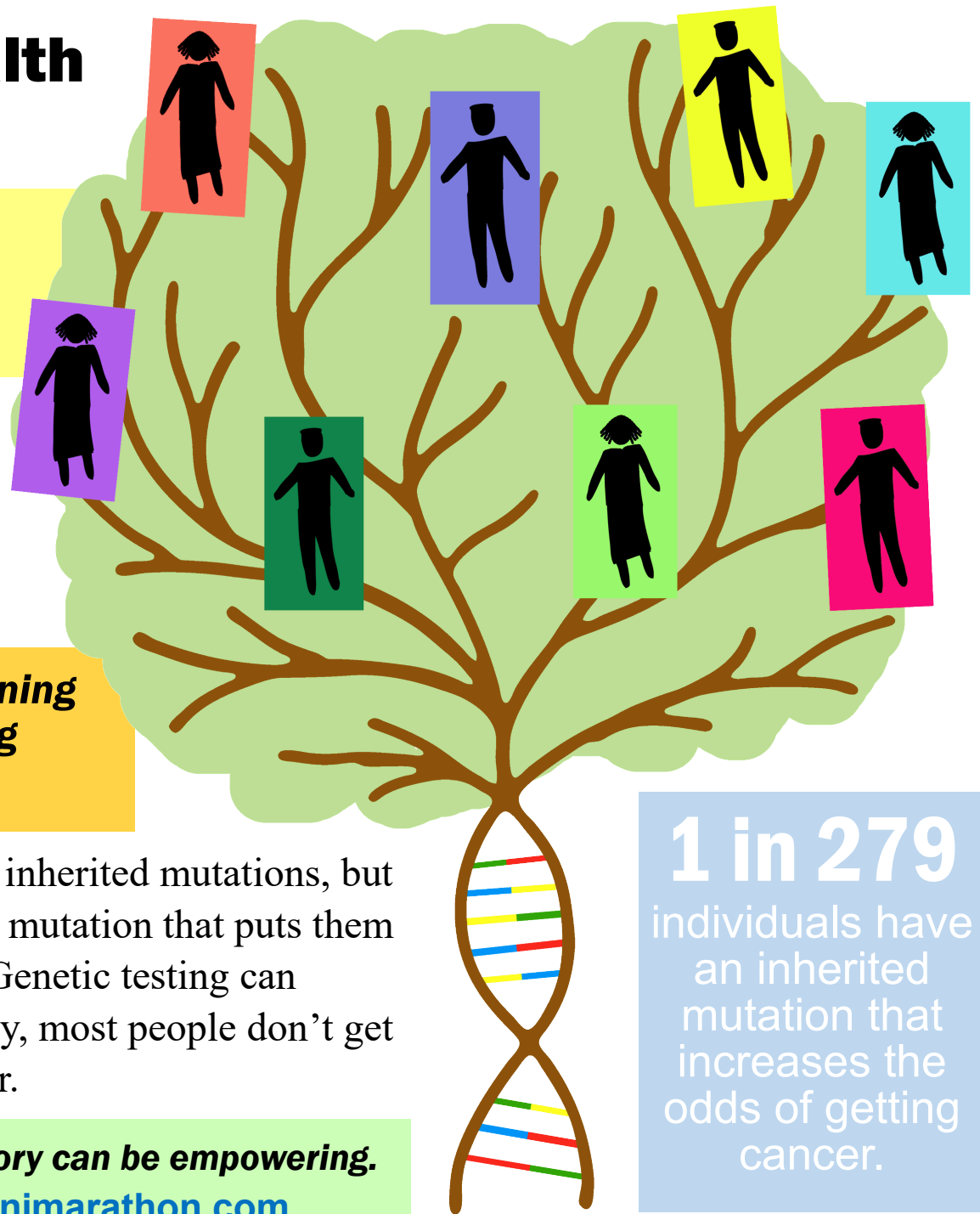
If there is a history of cancer, knowing and sharing your family's health history is very important

Some cancers, like breast, ovarian, prostate, colon, and pancreatic, can be caused by inherited genetic mutations. These genetic mutations can be passed down in families.

Genetic testing and medical screening can help reduce the odds of getting hereditary cancer to near zero.

About 10% of all cancers are caused by inherited mutations, but less than 90% of those who may carry a mutation that puts them at risk for cancer have been identified. Genetic testing can identify those most at risk. Unfortunately, most people don't get genetic testing until after they get cancer.

Learning about your family's health history can be empowering. More info and resources at www.262minimarathon.com



1 in 279
individuals have
an inherited
mutation that
increases the
odds of getting
cancer.

Family Health/ Cancer History

Mother's Family



grandfather



grandmother

Father's Family



grandfather



grandmother

mother's genetic relatives
(aunts, uncles, cousins)

mother



father

father's genetic relatives
(aunts, uncles, cousins)



siblings

ME

siblings

children

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